First Nations Health Authority
Health through wellness

Community Health and Wellness Planning

What is a Health & Wellness Plan?

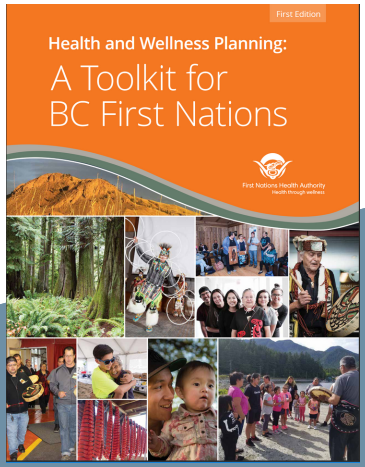
Built by your community or Nation, a Health and Wellness Plan is like a pathway guiding the way forward. A Health and Wellness Plan is grounded in community values, culture, and traditions, and charts community or Nation practices moving forward to enhance health and well-being.

The FNHA Community Development Team can:

- Coordinate FNHA community development/planning expertise and implementation
- Provide upfront/ongoing health and wellness planning supports as little or much as wanted
- Facilitate single-window wraparound supports for service delivery needs
- Review your Health & Wellness Plan and provide feedback along your health and wellness planning journey
- Help path-find necessary planning tools, resources, and funding information

Where can I learn more?

Health & Wellness Planning: A Toolkit for BC First Nations

FNHA's Health & Wellness Planning Site

Reach out directly at:
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