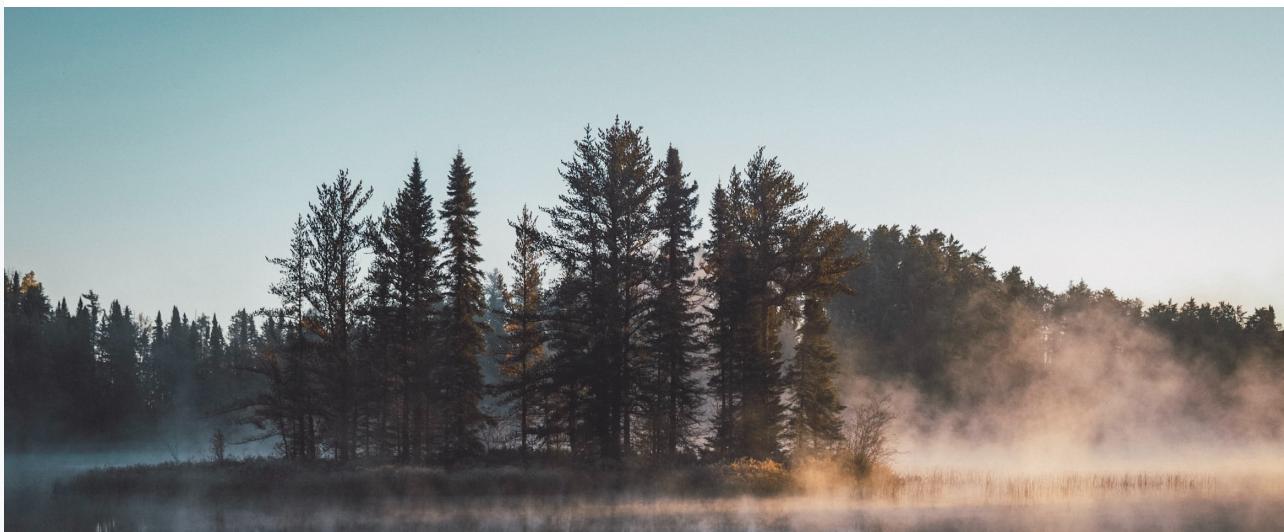




# CCP Community Learning Network Newsletter

May 2021



**Welcome to the first Comprehensive Community Planning (CCP) Community Learning Network (CLN) Newsletter! This is a monthly newsletter containing information and updates on all things CCP. In this month's newsletter, you'll find the following:**

- Introduction to the CLN Support Team
- Words from CCP Mentor
- Seasonal Reflections
- CCP Community of Practice Update
- CCP Mentorship Initiative Update

- CCP Coordinator Survey (complete this for a chance to win great prizes!)
- Other CLN Updates and Tools
- Links to Associated and Relevant Webinars
- Grounding Exercise
- Contact Information for the CLN Support Team

**Read on for more information!**

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## **Introduction to the CLN Support Team**

The First Nations Public Service Secretariat (FNPSS) is coordinating the CCP Community Learning Network (CLN), which is a central hub for First Nations to come together and support one another's community building through CCP. The CCP CLN will include a monthly Community of Practice, skill-building training sessions, different tools to support First Nations' CCP development, and opportunities to learn from CCP Mentors.

**Meet the CCP CLN Support Team!**

## **Words from CCP Mentors**

In future newsletters, we'll have opening words from one of our incredible CCP Mentors. For this first newsletter, we wanted to throw back to the 2020 CCP Workshop with the Mentors' workshop introduction video, along with the rest of the resources on the CCP Workshop YouTube channel.

**Check out the CCP Mentor Video here!**

## **Seasonal Reflections**



What can we learn from the land that we can bring into our CCP work? It's Spring, and all sorts of beings are waking up from winter's long sleep. Being in good relationship with the land can include noticing what is emerging, pruning and cutting plants back to help them grow, and harvesting respectfully by only taking what we need. Bringing these teachings to community planning can include listening to people's new ideas, prioritizing projects and not saying yes to every opportunity to make sure we have time to complete what we've agreed to work on, and sharing the gifts of the planning work with community members.

## CCP Community of Practice

The BC CCP Community of Practice is a group of people with a shared purpose of CCP work that come together to support each other in continued learning, development, and problem-solving in their CCP journeys.

The BC CCP Community of Practice gatherings will be held one Tuesday per month from 10am-12pm. The first gathering was held on April 27, 2021, and included introductions, an overview of the community of practice, co-creating a community agreement, and the importance of sharing our pronouns (ex. she/her/hers) to be more inclusive. Several resources were shared during the gathering and they can be found below:

[CCP YouTube  
Channel](#)

[CCP Facebook  
Group](#)

[CCP Website](#)

The next BC CCP Community of Practice gathering will be on **Tuesday, May 25, 2021, from 10am-12pm**. To register, contact [ccp@fnps.ca](mailto:ccp@fnps.ca).

## CCP Mentorship Initiative



We are very excited to be relaunching CCP Mentorship Initiative this summer! The CCP Mentorship Initiative is made possible by an incredible group of CCP Mentors who hold a wealth of experience in community planning and other related fields. We help match First Nations CCP Coordinators at any stage of their CCP journey with CCP Mentors to receive one-time or ongoing support with their CCP process.

The CCP Mentorship Initiative is open to all BC First Nations communities at no cost. In addition to matching CCP Mentors with CCP Coordinators, we provide an annual training session for mentors and mentees to come together and develop their skills and capacities.

We are currently recruiting CCP Mentors. If you have 3+ years of CCP experience and are great at connecting with and supporting others, make sure to indicate your interest in the [CCP Coordinator survey](#) (see below).

If you are a CCP Coordinator interested in learning more about the CCP Mentorship Initiative, check out the [CCP Mentor profiles on the CCP website](#), fill out the CCP Coordinator survey below, and stay tuned for the next CCP CLN Newsletter in June for more details.

# CCP Coordinator Survey

We've created a survey for CCP Coordinators to fill out and should take you about 10-20 minutes to complete. This survey will help to shape the BC CCP Community of Practice and make sure that it is meaningful to the work that you and your Nations are doing. As prizes for completing the survey, we are giving away two \$50 gift certificates to Indigenous-owned Massy Books! To be entered into the prize draw, please complete the survey by **Friday, May 21!**

**Take the survey now!**

## Other CLN Updates and Tools

### CCP Planner

Did you know that there is a CCP online planning and reporting tool available at no cost to BC First Nations? This tool will allow you to keep track of your planning process, engagements, and communications and develop instant reports on your progress. Based on the CCP Handbook, the CCP Planner was developed with an Indigenous advisory team. We are looking for a few communities to pilot this tool with us over the summer. If you are interested in being part of the pilot, please let us know by indicating your interest in the [CCP Coordinator survey](#) (see above).

For more information on this opportunity and the CCP Planner, click here:

[Information on CCP Planner](#)

### Online Networking Space

We will be inviting the CCP community to try out a new Networking Space with us in June. This online space will allow for secure discussion boards, service provider ratings, and a searchable networking skills database. Stay tuned for details!

# Continued Learning Resources



## Learning about Gender Pronouns

As CCP Coordinators, bringing all community members into the planning process is an important aspect of your work. One of the ways CCP Coordinators can foster inclusion and safer spaces for Two-Spirit, Trans, and gender diverse community members is to make a practice of asking for people's pronouns in meetings. We introduced this practice at the first Community of Practice session and had some great conversations about the connections between gender inclusion and decolonization. In many First Nations cultures prior to contact, there were more than two genders; being gender inclusive and supporting Two-Spirit, Trans, and gender diverse community members is traditional.

Here is a resource to learn more about [gender diversity and pronouns](#).

Here is a [link to a presentation](#) by Harlan Pruden (nēhiyo/First Nations Cree), a Two-Spirit researcher speaking about the long history of Two-Spirit people in Indigenous cultures. (Bonus: Harlan also leads the creation of a group agreement with his audience at the start of the presentation!)

## Learning about Group Agreements

Another great practice to foster safer community meetings is to create a group agreement at the beginning of a meeting. Group agreements are an opportunity for everyone in the room to determine how people will behave with one another during the meeting. Group agreements can include observing protocols specific

to your culture, as well as bringing other practices and expectations into the space.

Here is a resource to learn more about [group agreements](#).

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## First Nations Funding Opportunities, Information, and Resources

This is a document of compiled funding opportunities, important information, and resources. Some funding deadlines are approaching quickly so make sure to check these out!

**Check Out This List of Funding Resources!**

If your First Nation is interested in accessing funding for CCP, contact [Indigenous Services Canada](#) directly at their CCP inbox for more details.

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## Associated and Relevant Webinars

**Cultivating Safe Spaces Training (May 20th with Elaine Alec)** - Learn how to structure virtual and in person meetings and sessions to cultivate safe spaces, promote diversity and inclusion, develop facilitation techniques, and learn skills in resiliency and trauma-informed facilitation techniques.

**Register Here!**

Find upcoming [webinars and training on the FNPSS events calendar](#), check out the FNPSS [YouTube channel](#), or learn about [previous FNPSS webinars](#) on a variety of topics including planning, wellness, leadership and covid response.

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## Grounding Exercise



- Sit in a comfortable, balanced position (cross-legged on the floor, on a chair with feet firmly touching the floor)
- Place a hand on your heart and a hand on your belly
- Take big belly breaths, breathing slowly and deeply, letting your belly expand with breath
- Exhale slowly and fully
- Feel the oxygen reaching all the parts of your body. Feel the air filling you up and the way the air takes away stress as it leaves on each exhale
- Breathe for five minutes or for as long as is comfortable

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## Contact Information

We are here to support you! The CLN Support Team (who you can get to know in the “Introduction to the CLN Support Team” section of this newsletter) is honoured to serve you and your Nations on your CCP journeys. If you have any questions, concerns, thoughts, or just want to connect with us, you can email us at [ccp@fnps.ca](mailto:ccp@fnps.ca).

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You have been added to this mailing list because you have been identified as a CCP Coordinator or because you participated in a past CCP Workshop.

mailerlite