



Comprehensive Community Planning Workshop 2023

“Making Things Right”

HOSTED AT Spirit Ridge Resort
ON THE LANDS OF THE
Syilx Okanagan Peoples & Osoyoos Indian Band

OCTOBER 24–26, 2023 • Spirit Ridge Resort • Osoyoos, BC

Welcome to the 17th Annual Comprehensive Community Planning (CCP) Workshop!

CCP is a community-owned, community-driven, and holistic planning process that allows First Nations to build their roadmap to a healthy, sustainable, vibrant future. Indigenous Peoples have rich and varied cultures, languages, and traditions, and their plans are as diverse as their communities.

More than 130 BC First Nations have completed a CCP since 2005. As a result of the CCP successes across the province, BC is fortunate to have some of the leading First Nations planners across the country. As some of these fabulous speakers and facilitators share their planning stories and lessons learned over the next few days, please remember to also share your unique knowledge and gifts with the people you meet.

Our hands are raised to the Syilx Peoples and Osoyoos Indian Band for hosting this workshop in their territories, as well as to our planning team, mentors, speakers, participants, caterers, artists, and performers for making this event both nourishing and inspiring.

NOTE: All sessions take place at the NK'MIP Conference Centre, unless otherwise indicated.

Leon Louis, Syilx Elder, will lead the sunrise water ceremony and provide wellness support to participants on Tuesday and Wednesday. He is available for brushing and conversation in the Osprey Room, as well as for outdoor smudging.

Pre-workshop – Monday, October 23

4:30-6:00 PM **Optional: Early Workshop Check-In**
@ NK'MIP Conference Centre
Workshop App Sign-up Support

7:00-8:30 PM **Optional: Meet the CCP Mentors**
@ Spirit Room (near resort check-in desk)

Join us for an informal meet and greet with the CCP mentors over dessert and tea. Learn more about the CCP Mentorship Initiative (i.e. Cousins Network), connect with other participants by region, and enjoy dessert and a cup of tea.

DAY 1 – Tuesday, October 24

7:30-8:30 AM **Optional: Water Ceremony at Sunrise**
@ Osoyoos Lake with Leon Louis

Begin the workshop in a good way by participating in a sunrise water ceremony. Meet at Spirit Beach on Osoyoos Lake, just beyond the Nk'mip RV Park. It is possible to walk or drive or take the shuttle, which departs from outside the resort reception at 7:20 AM.

8:45-10:00 **Check-In @ Conference Centre**
Hot Breakfast
Workshop App Sign-up Support
Participant Bingo

DAY 1 (Continued) – Tuesday, October 24

10:00-12:00 PM **Workshop Welcome**
@ Eagle Room
Workshop Overview
Opening Remarks
Networking Activity
The Story of CCP
Skidegate's CCP Implementation Success

Facilitators: Cara Basil (Secwépemc)
Guests: Sheri Stelkia (Osoyoos Indian Band), Leon Louis (Syilx), Joanne Wilkinson (Indigenous Services Canada), Guinevere Sanderson (Indigenous Services Canada), Edith Moore (Naut'sa mawt Tribal Council), Bronwen Geddes (Naut'sa mawt Tribal Council), Dana Moraes (Haida)

12:00-1:00 PM **Lunch**
– Sunrise Over Tuscany Buffet

1:00-2:30 PM **1A: Emergency Management Planning for First Nation Communities**

@ Eagle Room with *Laura Aucoin (ISC), Trudy Peterson (First Nations' Emergency Services Society), Alex Terbasket (Lower Similkameen Indian Band) & Wayne Schnitzler (First Nations' Emergency Services Society)*

Indigenous communities have always planned for hard times and unexpected events. Join emergency management specialists as they share information related to the four pillars of emergency management (preparedness, mitigation, response, and recovery), draw on the wisdom in the room, and explore the intersections of emergency planning and CCP.

1B: CCP 101 – The Basics

@ Spirit Room (near resort reception) with *Cara Basil (Secwépemc)*

What is Comprehensive Community Planning (CCP) anyway? Learn the basics of CCP – what it is all about, what it can do for your community, how to get started, and what resources and tools are available to support you.

1:00-2:30 PM **1C: Influence Model & Wellness-Centered Planning**
@ Salmon Room with *Sandra Harris (Wet'suwet'en) & Dana Moraes (Haida)*

History matters. Explore colonial influences on Indigenous history and how to come back to our own ways through research, verbalizing, programs to support healing and resiliency, and wellness-centered approaches that ensure participant safety, control and comfort – making things right through planning approaches.

1D: Community Bus Tour
with *Patty Bower of Swiws Spirit Tours*

Osoyoos Indian Band is recognized widely for its beautiful territories and as a leader in economic development. This 90-minute bus tour will take you through the reserve lands and give you a glimpse into the administration of the community and its varied businesses. Advanced sign-up required.

2:30-2:45 PM **Refreshment Break**

2:45-4:15 PM **2A: Language and Cultural Revitalization**
@ Eagle Room with *Magie-Mae Adams (FPCC), Sandra Harris (Wet'suwet'en) & Glenn Jim (FPCC)*

Language and culture are not only a key part of the CCP process, but they are fundamental to community growth and revitalization. Join this session to discuss ways to incorporate language and culture into your planning process and develop a CCP that will bring new life into your community.

Many speaker gifts have been prepared by artist **Catherine Pierre**, a Secwépemc/Syilx interdisciplinary artist and educator. We are also happy to share books written by Syilx authors, including **Elaine Alec, Jeannette Armstrong, Nicola Campbell, Brian Thomas Issac, and Clarence Louie**.

2:45-4:15 PM

2B: Facilitation and Communication Techniques

@ Spirit Room (near resort reception) with Cara Basil (Secwépemc) & Dana Moraes (Haida)

Community planning is all about people, which means hosting conversations, sharing information, leading meeting, developing eye-catching materials and workshops, connecting with Elders/youth/parents/staff, and hosting events. Review facilitation and communication basics with Cara and Dana and learn how to be a host who brings people together to share their voices.

2C: Data Collection & Questionnaire Design

@ Salmon Room with Kelsey Manimtim (Statistics Canada) & Raelyn Thomson (Statistics Canada)

Collecting baseline information about your community is key in identifying community needs and in setting targets for growth and change over time. Join this session to learn about navigating available data on the Statistics Canada website, as well as determine how to create your own community questionnaire to successfully collect the data that is most meaningful for your community.

1D: Community Bus Tour with Patty Bower of Swiws Spirit Tours

Osoyoos Indian Band is recognized widely for its beautiful territories and as a leader in economic development. This 90-minute bus tour will take you through the reserve lands and give you a glimpse into the administration of the community and its varied businesses. Advanced sign-up required.

4:15-4:30 PM **Day One Closing @ Eagle Room**

4:30-6:30 PM **Break**

6:30-8:30 PM **Syilx Cultural Evening & Dinner @ Eagle Room**

Join us for an evening of music, dance, food, and good feelings, featuring a Four Food Chiefs dinner buffet and performances by Madeline Terbasket and the All My Relations First Nation Dance Group.

DAY 2 – Wednesday, October 25

7:30-8:30 AM **Hot Breakfast @ Eagle Room**

8:30-10:00 AM **CCP Stories**

Welcome & Networking @ Eagle Room

The Kitselas CCP Story with Geneva Mason
Kitselas Nation is located in northwest BC on territory surrounding the City of Terrace and the Skeena River. They have 700 members and are in the final stages of the treaty process. They completed their CCP in 2019 and it is a living document, tying together the work of the community.

The Musqueam CCP Story with Brett Sparrow & Tecla Van Bussel

Musqueam Indian Band is located in what is currently called Vancouver. With over 1,300 members, they are one of the larger nations in BC. They completed their first CCP in 2011, their second in 2018, and they are currently engaged in building a new community plan.

10:00-10:30 AM **Refreshment Break**

10:30- 12:00 PM **3A: Indigenous Food Security @ Eagle Room with Jacob Beaton, Jessica Ouellette, Ezra Beaton & Noah Beaton (Tea Creek)**

Building a more resilient local food system is central to adapting to changing environment, responding to emergencies, and working towards social justice. Learn about the work of Tea Creek Farms and the ways they are building food security into the local community and working towards food sovereignty.

3B: Proposal Writing & Funding Your CCP

@ Salmon Room with Dana Moraes (Haida) & Cici Sterritt (Gitxsan)

Finding funding, writing successful proposals, and accessing community wealth are often part of the job of a CCP Coordinator. Learn where to find funding to support planning and implementation, share tips and tricks for proposal writing, and determine how community wealth can tie into the planning process.

DAY 2 (Continued) – Wednesday, October 25

10:30- 12:00 PM **3C: Seasonal Round Planning**
@ Owl Room with Shirley-Pat Chamberlain & Joyce Charleyboy Cooper (Tsilhqot'in)

Join the Tl'esqox CCP Team to learn more about their unique seasonal round work plans that are culturally responsive, community-based, and grounded in Tsilhqot'in processes and practices. Learn how to develop your own planning processes and work plans that are grounded in your community's unique Indigenous ways of knowing and doing.

3D: Art Therapy – Squirrel Mind

@ Spirit Room (near resort check-in desk) with Sandra Harris (Wet'suwet'en)

From time to time, our minds get so busy that it as if we have a squirrel running busily through our heads. This session offers an opportunity to use art to as a practice for quieting the mind and bringing focus to our work and daily lives

12:00-1:00 PM **Lunch**
– Taste of the Greek Islands Buffet

1:00-2:30 PM **4A: Engaging Youth and Elders in Responding to Climate Change**
@ Eagle Room with Eliza Peters (Lil'wat), Patashi Pimms (Lytton) & Hillary Ronald (VIDEA)

The climate crisis can be scary, but it doesn't need to be navigated alone. This team of Indigenous emerging leaders from Lil'wat, TLKemCHeen, T'Sou-ke, Maskwacis, and Zambia is working together to create more community spaces where we can talk about the climate issues we face and how we can amplify intergenerational leadership and community-driven solutions.

1:00-2:30 PM **4B: Traditional & Holistic Wellness Approaches**
@ Spirit Room (near resort check-in desk) with Cara Basil (Secwépemc) & Cici Sterritt (Gitksan)

One-off wellness events may not be enough to truly support community wellness. In this session, you will discuss how to use the First Nations Perspective of Health and Wellness as a planning framework to uphold your community's distinct practices, protocols, and culture as you build your CCP.

4C: Implementation Planning & Capacity Building

@ Salmon Room with Geneva Mason (Kitselas) & Dana Moraes (Haida)

Moving from CCP planning to implementation can be a big challenge. Join experienced planners as they share ways to keep your community-based plan and members at the center of the work of community and CCP implementation.

4D: Nk'mip Desert Cultural Centre Tour

@ Nk'mip Desert Cultural Centre with Tour Guide

Join staff of the Nk'mip Desert Cultural Centre for a guided tour of the indoor gallery, outdoor gallery, numerous exhibitions and displays, two films, and a walking loop trail to a replicated village of the Syilx People. Meet at Nk'mip Desert Cultural Centre by 1:00 PM.

2:30-2:45 PM **Refreshment Break – Frybread**

Efforts have been made to minimize the collective impact of this workshop on the environment by reducing catering waste through the reuse of dishes and cutlery, minimizing participant handouts through the use of a workshop app, and focusing on reuse and recycling wherever possible.

2:45-4:15 PM

5A: Protecting Salmon, Water & Inherent Rights Through the Save Our Salmon Coalition

@ Eagle Room with Brooklyn Carey (First Nations Fisheries Council) & Brett Sparrow (Musqueam)

Salmon connect us as Indigenous Peoples. The fear of the extinction of salmon and the resulting loss of culture sparked the creation of the Save Our Salmon Coalition and the Salmon Parks campaign. In this session, participants will discuss the critical importance of water and salmon and learn more about connecting with the Save Our Salmon coalition.

5B: Trauma-Informed Engagement Tools & Techniques

@ Spirit Room (near resort check-in desk) with Sandra Harris (Wet'suwet'en)

This session will provide a glimpse into Indigenous self-care teachings that will support collective and personal learning through the big collective hurts of oppression and colonization. By being in relation with water, yintah (earth), animals, medicines, and All That Is, it is possible to lean into the land and life to help release and connect us to become whole and well.

5C: Managing the Planning Pathway – Monitoring & Evaluation

@ Salmon Room with Shirley-Pat Chamberlain (Tl'esqox) & Cici Sterritt (Gitxsan)

How will you determine if your CCP is having an impact in community? Learn how to set up a monitoring framework to track CCP implementation progress and develop an evaluation process to identify what was successfully completed, what gaps remain, and what to carry forward into the next CCP.

2:45-4:15 PM

4D: Nk'mip Desert Cultural Centre Tour

@ Nk'mip Desert Cultural Centre with Tour Guide

Join staff of the Nk'mip Desert Cultural Centre for a guided tour of the indoor gallery, outdoor gallery, numerous exhibitions and displays, two films, and a walking loop trail to a replicated village of the Sylix Peoples. Meet at Nk'mip Desert Cultural Centre by 2:45 PM.

4:15-4:30 PM

Day Two Closing

7:00-9:00 PM

Making Pine Needle Baskets
@ Spirit Room with Susan Oliverius

DAY 3 – Thursday, October 26

7:30-8:30 AM

Hot Breakfast @ Eagle Room

8:30-10:00 AM

Planning Through Change

Welcome & Networking @ Eagle Room

Making a Difference in Times of Change with Elaine Alec & Chris Derickson

Change is difficult. Making change in broken systems can be next to impossible. So how do we go about changing what can't be changed? Join Chris and Elaine as they explore how we can still make a difference when things seem overwhelming or beyond our control.

10:00-10:30 AM

Refreshment Break

10:30- 12:00 PM

Gifting Circle

@ Eagle Room


**Evaluations
Grand Prize Draw
Closing**

12:00 PM

**Lunch – Box-O-Lunch TO GO
Travel Home**

12:15 PM

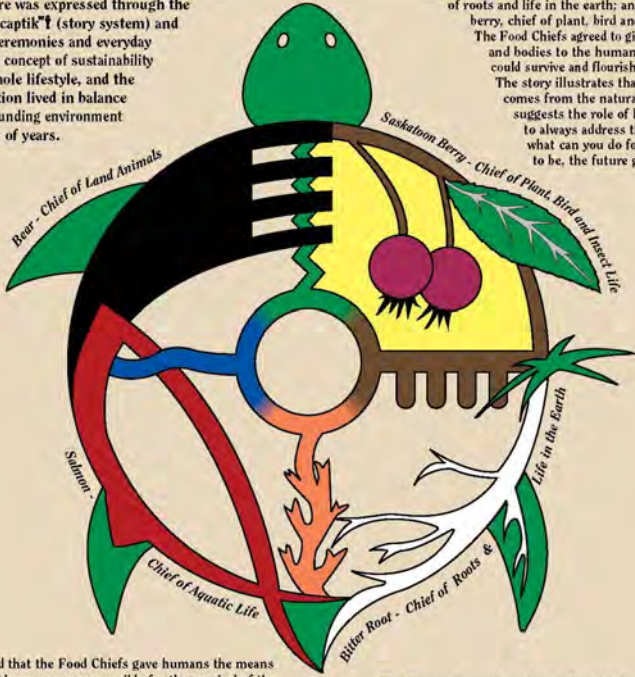
Shuttle to Penticton Airport



Okanagan Food Chiefs

The original people of the Okanagan are the *Suqnaʔiqin*, the people of the stories, "The ones who stand on a hill and are seen and heard from far away". The relationship to the land is central to the Okanagan culture. Respect for the land and everything here was expressed through the language and *captikʔ* (story system) and practiced in ceremonies and everyday activities. The concept of sustainability shaped the whole lifestyle, and the Okanagan Nation lived in balance with the surrounding environment for thousands of years.



"The Four Food Chiefs" describes the relationship between the *Syilx*, the people, and the natural world. Before humans arrived, four communities represented by four chiefs assembled to decide what to do for the people to be (humans): bear, chief of land animals; salmon, chief of aquatic life; bitter root, chief of roots and life in the earth; and Saskatoon berry, chief of plant, bird and insect life. The Food Chiefs agreed to give their lives and bodies to the humans so that all could survive and flourish on the land. The story illustrates that knowledge comes from the natural world, and suggests the role of leadership is to always address the question: what can you do for the people to be, the future generations?



Bear - Chief of Land Animals
Saskatoon Berry - Chief of Plant, Bird and Insect Life
Salmon - Chief of Aquatic Life
Bitter Root - Chief of Roots & Life in the Earth

It is understood that the Food Chiefs gave humans the means of survival, and humans are responsible for the survival of the natural communities. In this beautiful Vaseaux Lake area, that responsibility is imperative. As many as 100,000 salmon were once harvested at Okanagan Falls each year and distributed throughout the valley. This area was once abundant with roots, berries, deer, sheep and migrating birds. Many of these traditional food sources are now extinct or endangered.

The Okanagan people understand societal organization must be shaped around sustainability in our ecosystem to ensure the gifts from the Food Chiefs are there for countless generations to come...

The "Okanagan Food Chiefs" (design by Tim Lezard)

The story (*captikʔ*) of "The Four Food Chiefs" describes the relationship between the *Syilx* Peoples and the natural world. Before humans arrived, four communities, represented by four chiefs, assembled to decide what to do for the survival of the people-to-be (i.e. humans). The Four Chiefs were: *skəmxist* (Bear, chief of land animals), *n'tyxtix* (Salmon, chief of aquatic life), *spitlem* (Bitterroot, chief of roots and life in the earth) and *siyaʔ* (Saskatoon Berry, chief of plant, bird, and insect life). After much discussion, the four chiefs agreed to give their lives and bodies to the people-to-be so that all could survive and flourish on the land. The story illustrates the wisdom and critical importance of the natural world and suggests that the role of leadership is to always address the question: *What can we do for the people-to-be – the future generations?*

Our hands are raised to the incredible CCP Workshop Advisory Group that has made this workshop a reality: Cara Basil, Shirley-Pat Chamberlain, Bronwen Geddes, Sandra Harris, Seanna Johnston, Andrew Moore, Dana Moraes, Cici Sterritt, Mikaela Whitelaw, and Joy William.

The Indigenous art and decor, including table centrepieces, at the CCP Workshop have been provided by Naut'sa mawt Event Management. For more information, contact tylynf@nautsamawt.com.

